



TRICARE RESERVE SELECT COVID-19

What Do You Need to Know?

WHAT IS TRICARE RESERVE SELECT (TRS)?

- A premium-based health insurance plan
- Available worldwide
- For qualified Selected Reserve members and their families

CAN I STILL ENROLL? YES



HOW DO I ENROLL?



Online at
milconnect.dmdc.osd.mil

OR

Call:

East Region: 800-444-5445

West Region: 844-866-9378



WHO IS ELIGIBLE?

Members of the Selected Reserve and their families who meet the following qualifications:

- Not on active duty orders
- Not covered under the Transitional Assistance Management Program
- Not eligible for or enrolled in the Federal Employees Health Benefits (FEHB) program

HOW MUCH DOES TRS COST?

- Member only: \$44.17/month
- Member + Family: \$228.27/month

ARE MY TRICARE AND SGLI BENEFITS AFFECTED BY COVID-19?

- TRICARE benefits are not impacted by COVID-19, unless the member specifically chooses to stop payment.
- SGLI benefits are also not impacted

WHAT IF I CAN'T MAKE MY PAYMENT?

- Soldiers experiencing financial hardship are encouraged to call TRICARE experts in their region to address options in payment assistance, and answer specific healthcare questions.

For more information, visit
<https://tricare.mil/trs>